



ADHD Portrait Survey (ADHD-PS)

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NAME: ADHD-PS Example

DATE: Oct 16 2017

DOB: Aug 5 1986

BEHAVIORAL HEALTH HISTORY

My name is ADHD-PS Example. I am a 31 year old of unknown gender. I have completed this assessment as a recommendation from my probation or parole officer. I believe this assessment is unnecessary.

I became concerned about my emotional health or behaviors at age 12. I have been concerned about my behaviors related to my ability to concentrate or be still. I have been concerned about my difficulty paying attention or being restless and I feel it is having a negative impact on my family life. I have been concerned that my behaviors are causing difficulty at work or school. My loved ones or friends have expressed concern about my emotional health or behaviors.

I have been in treatment for the following emotional health issues:

- Depression
- Anxiety
- Anger management

ADHD PORTRAIT

ADHD-PS Example's responses to the ADHD Portrait Survey (ADHD-PS) may correlate with the criteria for the following ADHD Disorder as outlined in the DSM 5. Further evaluation may be needed to clarify these statements and determine an appropriate treatment recommendation.

F90.2 (314.01) Combined ADHD Presentation

The respondent feels the impact on their life is severe in regards to a possible inattention disorder.

The respondent feels the impact on their life is severe in regards to a possible hyperactive or impulsive disorder.

AREAS OF CONCERN

- I often fail to pay close attention to, or overlook, details during work or other activities.
- I often make careless mistakes at school or work.
- I have a hard time staying focused when reading something lengthy.
- Oftentimes, my mind seems elsewhere when people are talking to me.
- People tell me I seem to be distracted quite a bit.
- I find that I do not follow through on instructions and I don't finish my work or the other responsibilities in my life?
- I am easily sidetracked, and will quickly lose focus once I start an activity.
- I have poor time management skills and fail to meet the deadlines I set for myself or others set for me.
- I have difficulty organizing activities and keeping my work and belongings in order.
- I tend to avoid things which will require me to concentrate for long periods of time.
- I dislike having to complete lengthy forms or read long documents.
- I often misplace things that I need to manage my life and work (books, keys, wallet, paperwork, cell phone, etc.)
- Other people make jokes or comment about how forgetful I am.
- I often find myself distracted from what I am doing by random thoughts.
- Many times I have to ask someone to repeat what they have said, or re-read something I have already read, because I was distracted by other thoughts.
- As I go through my daily activities, I find that I am often forgetful.
- I often fidget or squirm in my seat.
- I find myself tapping my hands or legs while I am seated.
- I find it hard to remain in a meeting or classroom for a long period of time, even when I am expected to.
- I often feel restless in a situation where I am expected to be still.
- I often have the urge to get up and move around the room when in a meeting or presentation.
- I find it hard to sit quietly for any period of time.
- It is difficult for me to be still both at home and at work or social activities.
- Others have commented on my being restless or difficult to keep up with.
- I often find myself talking excessively.
- I often find myself completing other people's sentences.
- I often get anxious and have difficulty waiting my turn in a conversation.
- I often get anxious and have a hard time waiting in a line.
- I often find myself butting in to other's conversations or activities.
- I often find myself using other people's things without asking permission.