

NAME: Sample GAD7

DATE: Aug 12 2019

DOB: Dec 26 1984

INSTRUMENT

The GAD-7 measures severity of anxiety. Scores of 5, 10, and 15 are taken as the cut-off points for mild, moderate and severe anxiety, respectively. When used as a screening tool, further evaluation is recommended when the score is 10 or greater. Using the threshold score of 10, the GAD-7 has a sensitivity of 89% and a specificity of 82% for GAD. It is moderately good at screening three other common anxiety disorders - panic disorder (sensitivity 74%, specificity 81%), social anxiety disorder (sensitivity 72%, specificity 80%) and post-traumatic stress disorder (sensitivity 66%, specificity 81%).

GAD-7 SURVEY RESULT

Score: 12

Findings: Severe Anxiety: This information is provided for consultation purposes only and is not meant to diagnose or treat any individual.