



Gambling Risk Decision (GRiD)

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NAME: GRiD

DATE: Oct 16 2017

DOB: Jan 5 1983

INSTRUMENT

The GRiD (Gambling Risk Decision) is a self-administered questionnaire designed to measure the respondent's risk for problem gambling behavior.

GRiD scoring is designed to identify the possibility of a gambling disorder. Responses measure the extent of increased risk-taking, compulsive gambling behavior, and consequences of this behavior.

A score of 4 or more may warrant further evaluation.

SCORING

Respondent's Score: 9

At risk for Severe Gambling Disorder

SURVEY ANSWERS

Have you found yourself having to bet more money in order to feel the same level of excitement?	YES
After you gamble for a while, does it lose its thrill unless you bet more money?	YES
Do you find yourself getting restless or irritable when you try to cut down or stop gambling?	YES
Have you ever lashed out at someone when they suggest you cut down or stop your gambling?	NO
Have you tried, more than once, to cut down or stop your gambling, but were not successful?	YES
Have you made promises to others to control or stop gambling, but were unable to follow through?	YES
Do you find yourself thinking about gambling when you should be focused on other things?	YES
Are you often preoccupied about getting money with which to gamble, or reliving past gambling experiences?	YES
Do you often gamble when you feel anxious or depressed?	YES
Does gambling seem to help you when you feel lonely or frustrated?	YES
After you lose money gambling, do you often return the next day to try to get even?	NO
Even if it is against your better judgment, do you often find yourself "chasing" your losses by betting more money to get back what you have lost?	YES
Do you lie to cover up how much time you have spent gambling?	YES
Are you often dishonest about the amount of money you have either won or lost due to your gambling?	NO
Has your involvement with gambling caused problems with your friends and/or family members?	YES
Have you experienced problems with your job or employer because of your gambling?	YES
Have you had to borrow money to cover your obligations because of your gambling losses?	YES
Have you ever had to rely on others to help you pay your gambling debts?	NO

EXAMPLE