



## Marijuana History and Severity Scale (MHSS)

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**NAME:** MHSS Example

**DATE:** Oct 16 2017

**DOB:** Mar 17 1987

### **MARIJUANA HISTORY**

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My name is MHSS Example. I am a 30 year old of unknown gender. I began using marijuana at age 14. At age 15, I began using marijuana regularly (at least once a month). The last time I used marijuana was 24 hours or less via smoking. Most commonly, I use marijuana by smoking. I have used synthetic marijuana.

### **MARIJUANA SEVERITY**

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MHSS Example's responses to the Marijuana History and Severity Scale may correlate with the criteria for the following Cannabis Use Disorder as outlined in the DSM 5. Further evaluation may be needed to clarify these statements and determine an appropriate treatment recommendation.

304.30 (F12.20) Severe Cannabis Use Disorder

### **AREAS OF CONCERN**

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- I have continued to use marijuana, even though it was causing problems with family or friends.
- I have used marijuana in larger amounts than I had intended.
- While using the same amount of marijuana, I have noticed that I feel less of an effect than before.
- I have tried to control my marijuana use, but were unsuccessful.
- To get the same effect, I have needed to use more marijuana than before.
- I have spent a lot of time recovering from marijuana use.
- I have craved marijuana when I was not using.
- I have had a strong urge to use marijuana when I knew I should not.
- I have continued to use marijuana, even though it was causing me emotional problems.
- I have neglected my responsibilities at home because of marijuana use.
- My family or friends have complained about my use of marijuana.
- I have quit doing activities I enjoyed because of my use of marijuana.
- I have found myself in a risky situation because of my marijuana use.
- I have continued to use marijuana, even though I felt it was causing me physical harm.
- I have tried to cut down on my use of marijuana, but failed.
- I have continued to use marijuana, even though using it put me at risk of dangerous or illegal behaviors.
- I have spent a lot of time trying to obtain marijuana.
- My school or work performance has suffered because of my use of marijuana.
- After I stopped using marijuana, I have felt anxious, angry or irritable.
- After I stopped using marijuana, I began using again to avoid feeling depressed, nervous and/or edgy.